

# Exercise Physiology Student Clinic



## **Appointments are available in our student-led exercise physiology clinic at the WA Centre for Rural Health (WACRH) in Geraldton.**

People attending the clinic are seen by Exercise Physiology students supervised by qualified an Accredited Exercise Physiologist.

We can offer services for a range of conditions including but not limited to:

- Arthritis • Osteoporosis • Osteopenia • Cancer
- Cardiovascular Conditions (e.g. high blood pressure)
- Diabetes • Mental Health conditions (e.g. depression)

All students provide assessments and an exercise program designed to increase function, increase strength and improve health.

Clients will also receive a home program to enable them to maintain their progress.

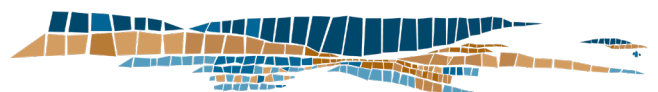
### **What is an Accredited Exercise Physiologist (AEP)?**

AEPs are university qualified allied health professionals equipped with the knowledge, skills and competencies to design, deliver and evaluate safe and effective exercise interventions for people with acute, sub-acute or chronic medical conditions, injuries or disabilities.

### **Who can attend:**

No doctor's referral is required and anyone is eligible to attend. A doctor's clearance may be required on screening. It is particularly suited to those who have difficulty accessing other exercise physiology services. There is no cost.

For an appointment, call:  
**WA Centre for Rural Health**  
Telephone 9956 0200  
167 Fitzgerald Street, Geraldton  
[www.wacrh.uwa.edu.au](http://www.wacrh.uwa.edu.au)



Western Australian Centre for Rural Health